

ON OUR RADAR

Take Your Routine on the Road

We all love our daily rituals—but no one loves transferring beloved products into three-ounce containers or allotting crucial suitcase space to cumbersome gear. Here, solutions that make your chosen regimen as portable as your toothpaste. **By Sarah Bruning**

FOR
Coffee Fanatics

First came Folgers and Nescafé, then Starbucks Via. Now popular third-wave specialists have entered the instant-coffee game with portable options that deliver flavor that's as rich as a freshly brewed cup. Among them: **Joe Coffee Co.** (*joecoffee.com*; \$18–\$20 for six packets ❶), which recently released the Daily, a chocolatey South American blend, and the nutty La Familia Guarnizo from Colombia; and **Parlor Coffee**, which creates a seasonally sourced jar that yields an impressive 15 servings (*parlorcoffee.com*; \$30 ❷). True diehards who want to grind their own beans away from home can tote the **Porlex JP-30**, a stainless-steel hand grinder (*amazon.com*; \$62 ❸) and an equally portable version of their preferred brewing method—be it an **Aeropress** (*target.com*; \$30) or a sturdy 12-ounce pour-over tool from **OXO's Good Grips** (*bedbathandbeyond.com*; \$16).

FOR
Skin-Care Devotees

Cult-favorite labels are tailoring their product lines to suit travelers' needs. **Monastery** released its holistic cleansing oils as a trio of half-ounce droppers (*monasterymade.com*; \$48 ❶), while **Moon Juice** has expanded from supplements into beauty with four blends containing many of the same ingredients in its signature powders, each designed to help the body adapt to stress. Silver-ear mushroom extract, for instance, appears in the company's Beauty Shroom serum (*moonjuice.com*; \$58 ❷) to hydrate skin. Clean-beauty specialists **Drunk Elephant** introduced a collection called the Littles (*sephora.com*; \$90 ❸), which miniaturizes the TLC Framboos Glycolic Night Serum and seven other beloved items. **Beautycounter** debuted its men's line with a four-product Dopp kit (*beautycounter.com*; \$45) containing cleanser, shaving cream, aftershave, and face lotion.

FOR
Exercise Buffs

Many boutique studios have created apps so fans can take a virtual class, led by a human instructor, wherever they happen to be. **Body by Simone** (*Android, iOS*; free; premium access \$20 ❶) combines streaming cardio-dance workouts from celebrity trainer Simone De La Rue with advice from nutritionist Kelly LeVeque, while **Alo Moves** (*Android, iOS*; \$20 per month) satisfies yogis with options ranging from physically demanding Ashtanga to meditative Yin. **Classpass** (*classpass.com*; from \$45 per month), which started as a booking platform for urban studios, also added streaming videos from partners like Barre3. Those who prefer an individualized approach can try **Activ5** (*activ5.com*; from \$120 ❷), a palm-size device that pairs with a phone app to assess users' fitness levels before guiding them through short sessions based around low-impact, isometric movements.

CLOCKWISE FROM TOP LEFT: LIZ CLAYTON/COURTESY OF JOE COFFEE COMPANY (2); COURTESY OF MONASTERY; COURTESY OF MOON JUICE; COURTESY OF BODY BY SIMONE; COURTESY OF ACTIV5; COURTESY OF DRUNK ELEPHANT; COURTESY OF PARLOR COFFEE; COURTESY OF EIGHT OUNCE COFFEE

